

Nursing with a disability, health condition and/or neurodiversity

This podcast series aims to capture themes about the lives and experiences of nurses, students, healthcare support workers and others with lived experience of disability, ill health and neurodiversity.

Your story is a chance to share what feels most important to you; to educate & inspire. Please touch on:

- Create an individual podcast lasting no more than 6 minutes maximum which provides some detail about your experience.
- Please introduce yourself and your role. You don't have to share who your employer is if you prefer not to / are not employed.
- How do you refer to yourself ie. "disabled" "differently abled" "neurodiverse"...
- What would be your advice to others in a similar situation.

You may also wish to comment on:

- One thing that you think that anyone who is interested in being an ally should say/do/be in order to be effective.
- What makes you feel valued as a nurse, this could be better pay, recognition, equality of