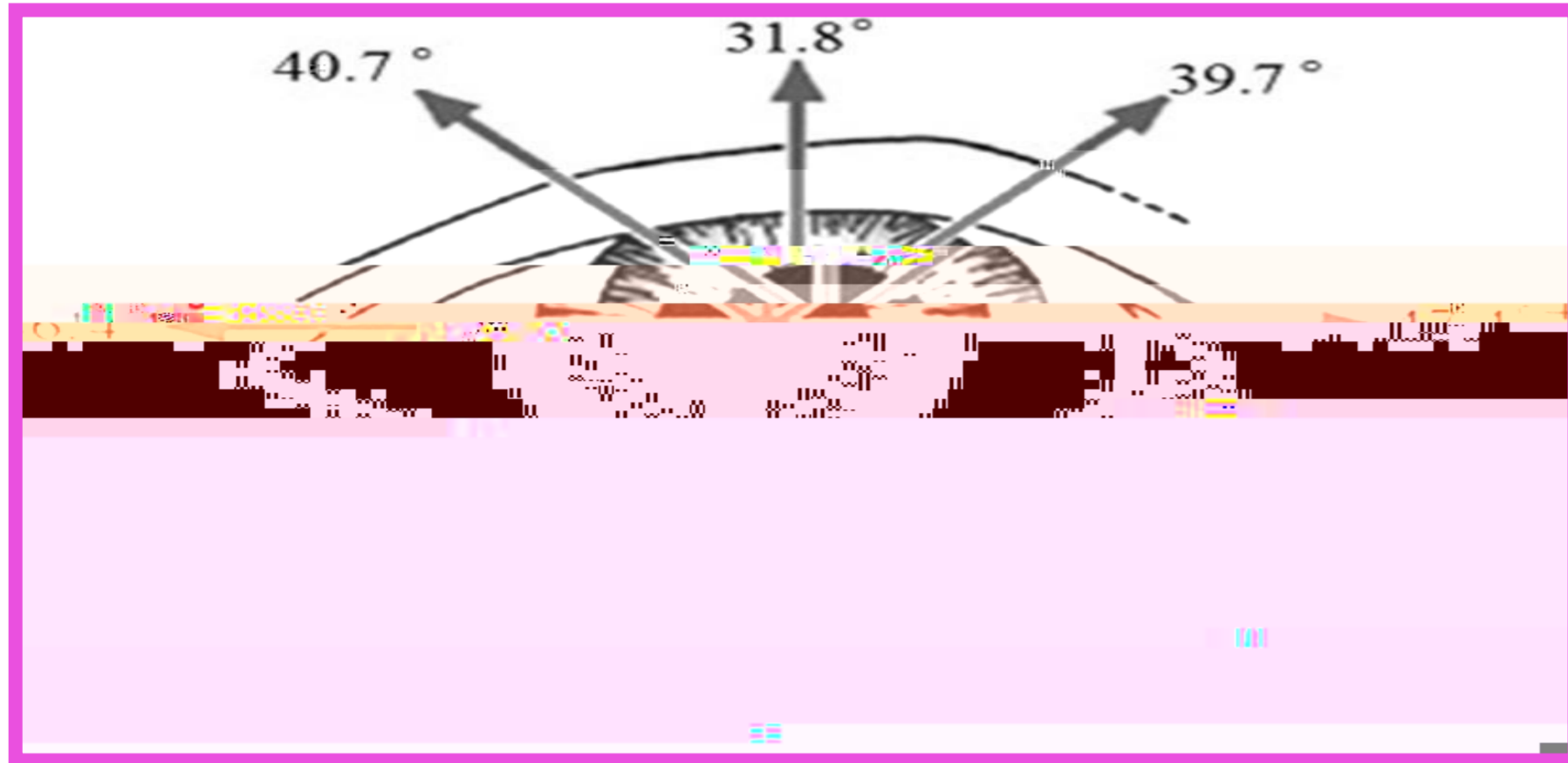




The use of novel non-invasive interventions to improve the patient experience of intravitreal injections (IVT): Gaze fixation.



Background:

- An audit of the IVT service (n=592) found that 30% of patients were anxious due to the inability/hesitation to follow instructions to correctly position the eye in preparation for the needle insertion (gaze fixation).
- Issues with gaze fixation caused significant discomfort in 48% of patients and severe discomfort in 39% of patients.

Results:

- N = 65 patients
- Gender: 56.9% female
- Mean age: 74±11.7 years
- Employment status: 67.7% retired
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