Royal College of Nurs n

Sexual and Reproductive Health Competency Framework for Women Cared for in Prison





Notes

Introduction

How is prison health care delivered?

england.nhs.uk/commissioning/health-just

phw.nhs.wales/topics/prison-health-in-wales

setrust.hscni.net/service/healthcare-in-prison

Older women in prison

Pregnancy and childbirth, midwives and health visitors

Position statement on maternity care for women in prison in England and Wales Birth Companions Birth Charter Maternity Standards

RCOG

Babies in prison

Sexual and reproductive health competencies for supporting women in prison

Table 1: Who the framework is for and how it can be used

Who is the framework for?	What is the framework for?
Registered nurses, nursing support workers (including nursing associates), midwives	Standards of care Career pathway
Non-health care custodial staff	Information and developing understanding of health care professional roles
Managers including nurse leaders	Workforce planning; professional performance review; training needs analysis; continued professional development
Employers	Workforce planning; recruitment; standard job descriptions
Commissioners	Background for monitoring fitness for purpose against key performance indicators (KPIs)
NMC and regulatory/ inspection bodies for Prison and Probation Ombudsman	Benchmark standards for care for quality assurance measure Benchmark for measuring standards of care in fitness to practice hearings

How can the competencies be used?

rcnlearn.rcn.org.uk/Search/Sexual-health-education-directory

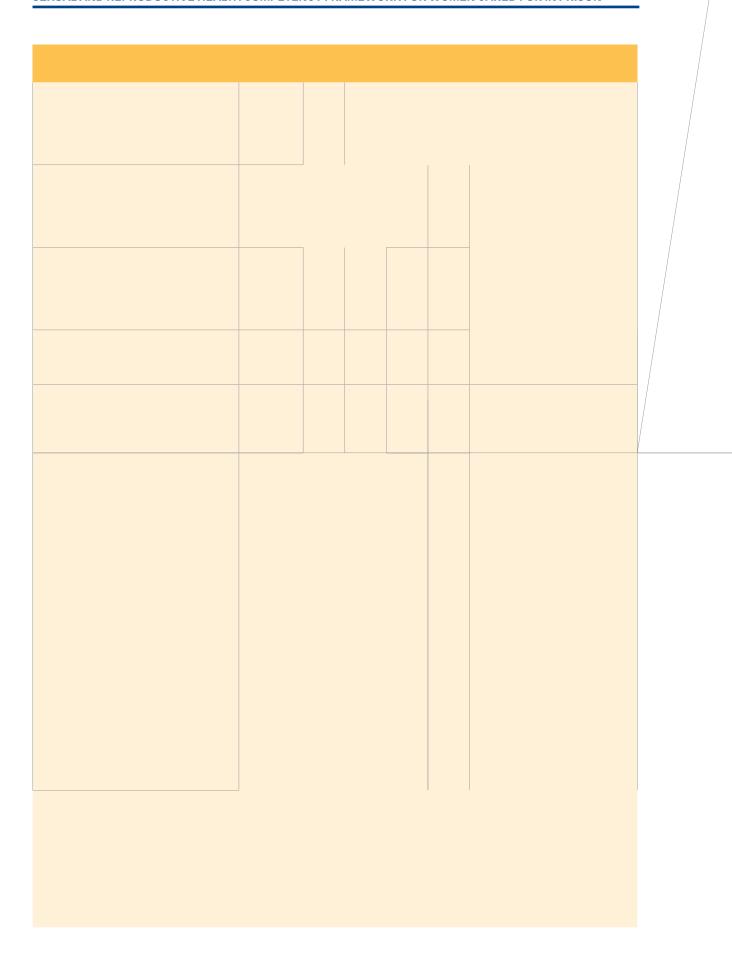
nmc.org.uk/revalidation

Standards of Proficiency for Midwives

My Future, My Midwife

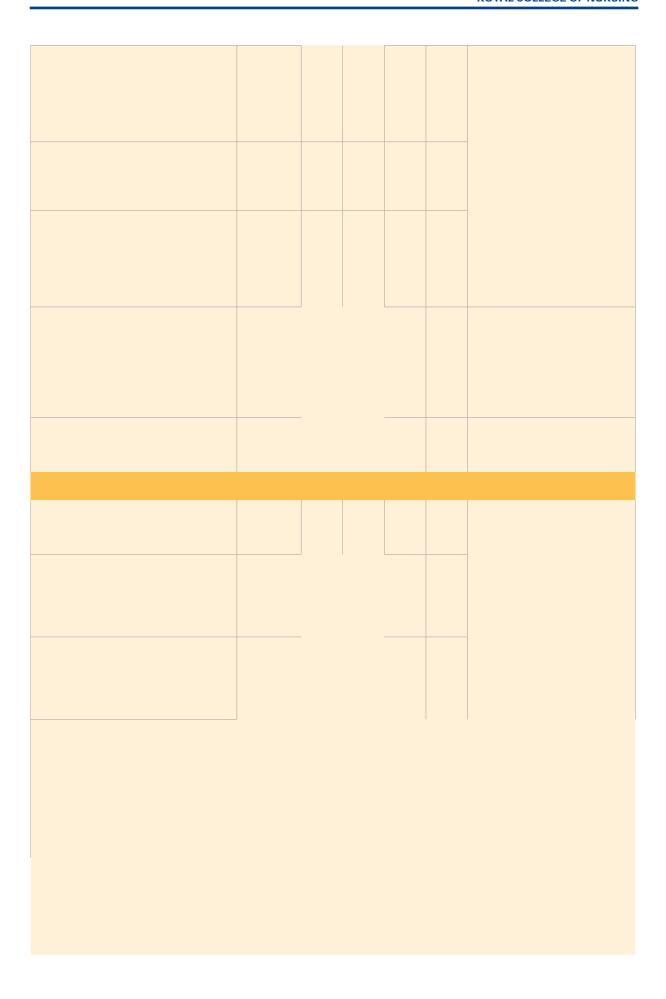
Table 2: Sexual and reproductive health competencies for supporting women in prison

Competency Details	Clinical (C) Education (E) Leadership (L) Research (R)	Health care support practitioners (HCP)	Nursing associates (ENGLAND ONLY)	RN & M newly qualified/ new to prison care.	RN & M enhanced/ specialist practice	Existing competence frameworks/ information to support best practice
History-taking/risk assess	ment/rec	eptio	n scre	ening	l	
Completion of initial reception screen, which includes history of pregnancy within the last 12 months, identifying any possibility of pregnancy etc.	С	*				nice.org.uk/guidance/ng57/ chapter/Recommendations gov.uk/government/ publications/womens- policy-framework * HCP to be deemed competent and practice under the supervision of a registered nurse
Completion of secondary assessment to identify any ongoing fertility treatment, more detailed obstetric history and sexual health history	С	*				gov.uk/government/ publications/womens- policy-framework * HCP to be deemed competent and practice under the supervision of a registered nurse
Completion of clinical observations including NEWS2 (National Early Warning Score2), COWS (Clinical w Ý Ē ÿ Ý Ý ¦ ùÝ . Ŵ -A/B (Clinical Institute Withdrawal Assessment for Alcohol scale)	С					
Pregnancy testing	С					



Menstrual health				
Comfortably initiate a conversation about menstrual wellbeing and provide sanitary products and issue a menstrual diary if required	С			rcn.org.uk/Professional- Development/publications/ promoting-menstrual- ptrtirl wlinn(r)-11.4 (s)-8.1 (91

Sexual health 1 Communication Practitioner can recognise an appropriate location to discuss any sexual health concerns, for example, sexually transmitted infections (STIs), in a confidential setting Practitioner can outline limitations of confidentiality discussed with patient, providing reassurance about confidential nature of the conversation where appropriate Practitioner can raise the subject of sexual health/STIs in an appropriate and sensitive manner Practitioner can discuss sexual risk and ensure that relevant interventions are made when starting time in prison, in particular if they are time-dependent for example, post-exposure prophylaxis for HIV after sexual exposure/emergency contraception Confidently provide education on sexual health topics, including safer sex practices and STIs, in preparation for release from prison, as a part of the release plan	C C C C C	3 (e)-8.5	- 5 (p)-8.9	9 (a)-2.%	6as a p2	BASHH (2023) Standards for the Management of Sexual Health in UK Prisons bashh.org/professionals/ special_interest_groups/ 28/prison_sig/public BASHH guidelines for those working in sex industry bashh. org/news/1408/invitation_to_respond_to_a_consultation_on_clinical_standards_for_the_sexual_health_management_of_people_involved_in_sex_work Making Every Contact Count e-Ifh.org.uk/programmes/making-every-contact-count Specialist Pharmacy Service 83085-576-863-7884-478591.949 01 =2995&cat%5B1%5D=36 39&s= eLfH e-Ifh.org.uk Sexual health education directory rcn.org.uk/Log-In?return Url=https%3a%2f%2frcn.org.uk/2fclinical-topics% 2fPublic-health%2fSexual-health-education-directory Integrated Sexual Health Service Specification 2023 assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/1143246/Integrated-	TdØ
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3 Provision of physical care to su specific to sexual health:	ıpport ger	eral he	ealth a	nd well	lbeing,	as well as that which is
An effective triage process should be in place, so those with clinically urgent needs, those who can be managed by non-specialists within the prison health care setting and those who require specialist care (Level 3) can be assessed and referred to most appropriate care setting	C and L	-				england.nhs.uk/long-read/ a-review-of-health-and- social-care-in-womens- prisons
Able to offer routine screen for chlamydia as part of the chlamydia						



References and further reading

Tackling Double Disadvantage **agendaalliance.org/our-work/projects-and-campaigns/tackling-double-disadvantage**

The Young Women's Justice Project **agendaalliance**. org/news/new-report-reveals-criminal-justice-system-harming-vulnerable-girls-and-young-women

Birth Charter for women in prisons in England and Wales hubble-live-assets.s3.amazonaws.com/birth-companions/atg/n7 (\$\)48.1 (\$\)5.6 (\$\)g14s(\$\)

Concordat on women in or at risk of contact with the Criminal Justice System. gov.uk/government/publications/concordat-on-women-in-or-at-risk-of-

contact-with-the-criminal-justice-system

Prison life gov.uk/life-in-prison

Pregnancy, MBUs and maternal separation in women's prisons Policy

Framework. gov.uk/government/publications/pregnancy-mbus-and-maternal-separation-in-womens-prisons-policy-framework

Care and Management of Pregnant

Women in Detention. assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/564431/DSO_05_2016_-_Pregnant_Women_In_Detention.pdf

Women's Prison Expectations.

justiceinspectorates.gov.uk/hmiprisons/our-expectations/womens-prison-

expectations 241443a197ctde0-i6t4d4 (ccessed 3ay 20237

news/ppo-ombudsman-sue-mcallister-publishes-independent-investigation-into-the-tragic-death-of-a-baby-at--bronnh7eld P64 Td \$\mathbb{L}2 & \mathbb{L}5 & \mathbb{L}.3 & \mathbb{L}3 & \m

Standards of proficiency for midwives

nmc. org. uk/standards/standards-for-midwives/standards-of-proficiency-for-midwives

My Future, My Midwife programme

nmc.

org.uk/about-us/our-role/who-we-regulate/midwifery/education

Motherhood In The Justice System

onesmallthing.

org.uk/justice-podcast-motherhood-in-the-justice-system

SEXUAL AND REPRODUCTIVE HEALTH COM	PETENCY FRAME\	WORK FOR WOMEN	CARED FOR IN PRIS	ON
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